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**News and Views from around the Parish**

**May 2020**

**Issue 301**

**Please note that the opinions expressed within this publication are not those of the Parish Church, editors or anyone other than the authors of the articles.**

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Widegates Garden Club	Marie Bersey	240478
Morval Action Group	Tracy Chudleigh	240704
Trenode School & Toddlers		240235
Liskeard Community Hospital		01579 373500
NHS Direct (24 hour service)		111
Police (Non Urgent Calls)		101
Neighbourhood Team Leader:	Sergeant Jo Williams	101
PCSO: Morval-Widegates:	Dave Billing	101 (x 5073), 07713309459
Dog Watch	Dave Billing	or 0300 1234 212
Morval Parish website		<a href="http://www.morvalwidegates.weebly.com">www.morvalwidegates.weebly.com</a>
Trenode School website		<a href="http://www.trenode.cornwall.sch.uk">www.trenode.cornwall.sch.uk</a>

**Neighbourhood Watch:** M Barber (240309) M Tamblyn (240267)  
K Burt (240545) B Reynolds (240520)

**Neighbourhood Plan Chair:** Sam Pengelly 07773062174

**contacts:** Jack (240482), Deb (241064), Mike & Maggie (240218)

Aurea (07905267214), James (07855046360), Lou & Jen (240518)

## **A message from Rev'd Philip Sharp**

I suppose one of the most oft repeated phrases that I have heard over the last five weeks is that 'we are living in strange times'. This is certainly true. No one could dispute that the whole country voluntarily (mostly) agreeing to restrict its perceived freedoms on such a large scale and for so long is extraordinary. Some of this may be born of fear and yet much more out of a desire to do what is right towards those around us, be they family member or neighbour. For those of us with a faith, this may also be a time when our faith is tested - the frequent cry of the atheist is 'how can a loving God allow such things to happen?', mistakenly presuming, I suppose, that faith in a loving God is more akin to having a lucky charm or talisman with some magical property of protection rather than a desire to be in relationship with the creator of all things. It also ignores most of the Bible's testimony to what life is like in a damaged, broken, sinful world.

How do we make sense of things in the face of brokenness?

Personally I am drawn time and time again to a quote from one of my favourite films of all time 'The Fellowship of the Ring' (probably because I immersed myself in the books as a teenager) and although I don't recollect these words being in the books, they are nevertheless words that I can imagine coming from the mind of J.R.R. Tolkien (a devout Christian). The disparate group that make up the fellowship of the ring are stuck in the dwarvish mines of Moria, and Gandalf and Frodo are in conversation, unsure of which way to go (a choice of three different paths through the mines is before them):

Frodo: 'I wish the ring had never come to me. I wish none of this had happened'

Gandalf: 'So do all who live to see such times but it is not for them to decide. All that we have to decide is what to do with the time that is given to us. There are other forces at work in this world beside the will of evil. Bilbo was meant to find the ring; in which case you too were meant to have it and that is an encouraging thought.'

Look closely and there is good at work in the world, often to be found in the most unexpected of places. Be encouraged.

Peace and blessings to you all.

## **Coronavirus – community support...**

With a continuing and essential restrictions put upon everybody by the coronavirus, it is even more important that all communities need to think about how to look out for each other. With this in mind, a number of people in our parish continue to work with a community-minded spirit and have offered to be on hand to help anyone in need of support.

If you find that you need to self isolate and you have nobody to deliver food and other supplies to your door or to collect prescriptions etc, please do not hesitate to contact someone on the following list. Government guidelines might have changed by the time you read this, but we still hope to be able to support each other.

Sara McFadzean .....	07955648018
Dawn James .....	01503 240482
John and Victoria Kitson .....	01503 241111
Mike and Maggie Willmott .....	01503 240218
Gill Bridges (Polraen Hotel) .....	01503 263956
Carolyn Allen .....	07967 635619

Sara has also set up a Facebook page to share up to date information and sources of support: Morval and Widegates Covid 19 support group. If you need help to access this, please call Sara on 07955648018

## **... and the Covid-19 group in action...**

It was a normal Saturday morning and I thought I would finally check my Asda order for the following day. To my horror the words “your order slot has expired “ appeared on the screen. ‘Shall I cry?’ I asked myself. ‘No. This can be sorted.’ At this point Louis pointed to the flyer on the kitchen cupboard from the Morval and Widegates Volunteer Group who were offering their help for times such as this. So I rang Sara who told me that she knew just the person to help. She simply had to make a quick phone call. A few hours later there on our doorstep as if by magic were four boxes of shopping, thanks to our helper John Kitson, Parish Council Chairman.

I would recommend anyone who needs help to contact this very supportive group. Big thanks from Lou and Jenny.

## Morview Road says 'thank you' to the NHS



During this time of a virus pandemic, there have been many key workers caring for us, none more so than those working for the NHS. People are so grateful that it has become the norm for people to go outside at 8pm every Thursday to audibly thank the NHS.

Morview Road has joined in whole-heartedly. The first Thursday, there was applause, the next Thursday had banging of pots and pans added, and the following Thursday there was a celebration with violin, guiro, djembe and bodhran. The fourth outing saw the addition of jester's hat, blue wig and a fez, as the players walked up then down the road (whilst observing social distancing!), and last Thursday saw the introduction of the 'Thank You' NHS top hat.

Are there any more photos or reports of NHS appreciation around the parish? Do please send them in to be shared.



# **Coronavirus outbreak: what you can and can't do**

For latest Covid-19 guidelines: <https://www.gov.uk/coronavirus>  
<https://www.nhs.uk/conditions/coronavirus-covid-19/>

**If you can't go online, here's some advice from the websites:**

**NHS:** Don't leave home if you or someone you live with has either:

- **high temperature** - this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **new, continuous cough** - this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours

**If you have coronavirus symptoms**, get help using the 111 online coronavirus service. Only call 111 if you cannot get online help

**Highly important: When outside your home, stay at least two metres away from others wherever possible.**

**> When am I allowed to leave the house?**

- to shop for basic necessities, as infrequently as possible
- one form of exercise a day, alone or with household members
- any medical need, e.g. donating blood, avoid risk of injury or harm, or to provide care or to help a vulnerable person
- travelling for work (but only where you can't work from home)

**> Can I go to the dentist, GP or another medical appointment?**

- You can leave home for medical appointments.
- GP practices may postpone non-urgent health checks or routine appointments.
- You should go to the doctor with an essential medical need

**> Can I walk my dog / look after my horse?**

- yes – provided you are alone or with household members.
- you must minimise the time you are out of your home and stay at least two metres from anyone not from your household.

**> Should I stay at home or go to work?**

- You may travel for work, but only if you can't work from home.

**> I'm not a critical worker & can't work at home. What do I do?**

- If you cannot work from home, you can still travel to work.

- But, anyone with symptoms (or someone in a household has symptoms), should not leave home, and should self-isolate.

**> How can I find out if my work is essential or not?**

- Every worker – whether critical or not – should work from home if they can but may otherwise travel to work.

**> Can I see my friends?**

- No, unless they live in the same household.
- Keep in touch with your friends using phone or video calls.

**> Can I visit elderly relatives?**

- No, unless they live in the same household.
- Keep in touch with your friends using phone or video calls.

Where relatives are elderly or vulnerable, you may leave home to help them, e.g. by dropping shopping or medication at their door.

**> Can I go out to help a vulnerable person?**

- Only if you are well and have no symptoms like a cough or high temperature and nobody in your household does, **AND**
- you are under 70, **AND**
- you are not pregnant, **AND**
- you do not have any long-term vulnerable health conditions

**> Can my boss force me to go to work; I'm scared of Covid-19?**

- Employers must help people to work from home if possible

**> Can I move house?**

- Homebuyers and renters should try to delay moving house
- If you must move, you should follow the Covid-19 guidelines

**> Can I go to the park?**

- Yes for exercise once a day alone or with household members

**> Can I drive to a national park or other green space to walk?**

- The advice is stay local and use open spaces near your home

**> Can I exercise more than once a day if I need to due to a significant health condition?**

If you (or a person in your care) have a specific health condition that requires you to leave the home, then you can do so.

## **Church Services at St Wenna's, Morval**

We have had to close the church altogether for the time being, as directed by the Church of England and Truro Diocese.

If you have a particular question or need for prayer, please contact: Philip Sharp [rev.sharp@btinternet.com](mailto:rev.sharp@btinternet.com), Val Olver 01503262808, Hayley Moore 01503240298, Mike & Maggie Willmott 01503240218

### **From Morval Parish Council**

Working together for the community.

These have been really challenging times for everybody. The Parish Council has certain roles and responsibilities that it has to fulfil and we have been working very hard behind-the-scenes to make sure these responsibilities are met on your behalf.

With some reports of people in our parish struggling financially we are signposting you to both The Liskeard and Looe food bank and Volunteer Cornwall.

The Liskeard and Looe Foodbank are on telephone number (07512) 011452. They will send you on to the correct county councillor for referral back to them.

Volunteer Cornwall are for if you are struggling at home and are on (01872) 266988.

It has been really beautiful to watch our community coming together and working together for the good of all. Wonderful to hear all the noise the less rural of you are making at 8pm for our wonderful NHS workers.

The Parish Council really encourages and are also really grateful for everyone's adherence to social distancing rules. This is the best way we can help our community and NHS.

Staying home saves lives

<b>Copy deadline for June's Outlook: Thurs 21<sup>st</sup> May</b>
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## What have the children been up to?

You might wonder what the children have been up to during this lockdown? Here's one answer from Carolyn Allen...

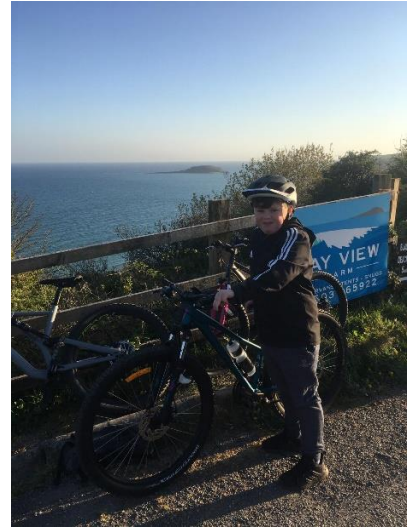
We have been very busy here making lots of lovely things and enjoying the sun



Leaf printing



Painting



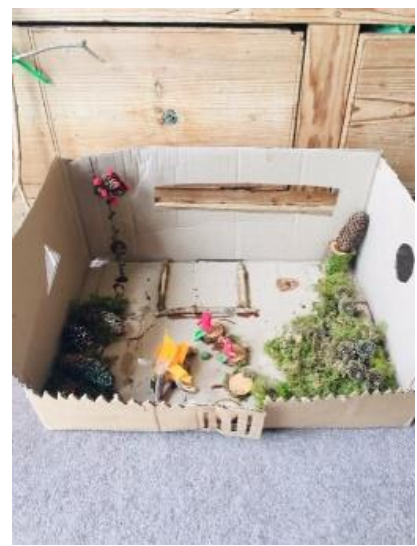
Cycle rides



planting veg & flowers



making a stick man.....



& his home

## Morval Neighbourhood Development Plan

Although we are having to pause any outreach activities for the time being (due to the Covid-19 lockdown), we are continuing to work on developing the plan with things we can co-ordinate from home.

# 01503 241063



**Morval Local Band**  
**[www.theshboys.co.uk](http://www.theshboys.co.uk)**

**Available for private  
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**Copy deadline for  
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Thurs 21<sup>st</sup> May**

# MIKE KENSHOLE ELECTRICAL

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**Desserts:** Chocolate Fudge cake, Chocolate Brownies, Apple Pie

**Drinks:** Wine (various), Bottled Beers (various), Soft Drinks (various)

check [www.thecopleyarms.co.uk](http://www.thecopleyarms.co.uk) or [www.facebook.com/thecopleyarms](http://www.facebook.com/thecopleyarms)

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