

News and Views from Around the Parish December 2017 / January 2018 Issue 277

Please note that the opinions expressed within this publication are not those of the Parish Church, Editors or anyone other than the authors of the articles.

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Police (Non Urgent Calls)		101
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Dog Watch	Dave Billing	or 0300 1234 212
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Trenode School website	<u>www.trenode.c</u>	<u>ornwall.sch.uk</u>
Viridor (report smells that may be associated with the landfill site) 01579 343006		
Neighbourhood Watch: M Barber (240309) M Tamblyn (240267)		
_	K Burt (240545)	B Reynolds (240520)

Diary Dates (WRR=Widegates Reading Room)

December

Sat 2: Christmas Fayre 2-4pm, WRR

Mon 4: Christmas Lights and Nativity on The Green, 6:30pm start

Sun 10: Christmas Trees dedication service, mulled apple juice, and mince pies, 4pm, Morval Church

Mon 11: Garden Club, Xmas swags and wreaths. 7.00pm, WRR

Mon 11-Sat 16: Christmas Tree Festival, 10am-4pm, Morval Church

Tue 12: Handicraft, 7.00pm. WRR

Fri 15: Christmas Bingo, 7:30pm for 8:00pm, Nomansland Hall

New venture? Join 'Ladies at Leisure' to enjoy a variety of interests and activities. Our first get together will be at 11.30 on Wed 17th January 2018 in Widegates Village Hall. Come along for a chat and a tasty lunch. Interested? Then please give us a call, Barbara 01503 241169 or Helen 01503 241148 or Jane 01503 240393.

Widegates Garden Club.

Bees were the top of the agenda in October. Velvin Harding gave a very knowledgeable talk on keeping bees. We welcomed some visitors who have just starting to keep bees and Velvin ably answered their questions.

It was very interesting for the new bee keepers as well as members. She encouraged us all to grow as many flowers as we could to help the bees out even in pots. The variety of colours and flavours of honey are amazing and at the Honey Fayre this year they even had green honey...! Ohh I don't know about that!!!.

Natural honey is good for your health especially good when you have a cold and sore throat.

- December 2nd. Christmas Bazaar 2pm in the hall.
- December no meeting.
- January Gardening together.
- February. Plants in Dry Climates by the Eden Project

You are very welcome at any of our meetings 7.30 in the hall on the last Wednesday of the month. Happy gardening, time to put the garden to rest and get out the seed catalogues.



Help needed to build the crib in St Wenna's

The Family Service during Advent has become the special time when the crib scene is built. Each of the characters starts as a blank card figure and is prepared during the service by members of the congregation, ideally by children but we can all join in. Then, while we sing a special crib building song, the characters are brought up and placed in the scene. The crib then remains in church throughout the Christmas season. This is an informal all comers service to which everyone is welcome, so please come along at 11am on 10th December and find out what happens.

Church Services at St Wenna's

DECEMBER 2017

Date 3rd Dec 11am Service Eucharist

Reader Hayley Moore

Sides person Ann Rice

Date 10th Dec: 11am Service Family Service Reader Sarah Cawrse Sides persons Children

Date 17th Dec: 4pm Service Carol Service

Reader TBA

Sides person Churchwardens

Date 24th Dec: 11am Service Morning Prayer Reader Mike Willmott

Sides person Ann Williams

Date 25th Dec: 11am

Service Christmas Eucharist

Reader & Sides: TBA

Date 31st Dec: United Benefice, St Nicholas,

10:30am

JANUARY 2018

Date 7th Jan: 11am Service Eucharist Reader Val Olver

Sides person Hayley Moore

Date 14th Jan: 11am Service Family Service Reader Victoria Kitson Sides persons Children

Date 21st Jan: 11am Service Eucharist Reader Brian Young Sides person Ann Rice

Date 28th Jan: 11am Service Morning Prayer Reader Mary Howes

Sides person Ann Williams

Flower Rota

No flowers in Advent

24th/30th Dec: Carol Jay

7th Jan: 13th Jan: 20th Jan: 27th Jan:

Remembrance

The Act of Remembrance at Morval War Memorial this year was led by Rev Joachim Foot on Remembrance Sunday. After hearing the names of those who died in the two World Wars, wreaths were laid by Morval Church, Trenode School, Help for Heroes and Morval Parish Council. Tyler carried and dipped the standard and the two minutes' silence at 11.00 was marked by our regular bugler Andy. A Service of Remembrance then followed in St Wenna's Church.

Local Community business rescues food and feeds bellies not bins

The real Junk food project (TRJFP) was set up in Leeds in December 2013 by Adam Smith. Smith wanted to do something to address the huge amounts of food waste generated by society. Roughly one third of the food produced in the world for human consumption every year-approximately 1.3 billion tonnes-gets lost or wasted (Global Food Losses and Food Waste-FAO 2011) with an estimated 15 million tons being wasted in the UK alone, each year. Often the food waste is binned, fed to animals or ploughed back into the land. And this is happening at a time when many people are living with food poverty and malnutrition.

'When I found out about what TRJFP is, and that anyone could get involved I wanted to be part of it' Jess Sneyd says. 'My background is community nursing, but I was looking for a change. I wanted to be involved with something that made a difference at a grass roots level whilst still being about community, health and well being.' TRJF project is an environmental movement with its first aim being to eliminate food waste and its second to eliminate food poverty. As an organisation TRJFP has already rescued more than 200 tons of food, fed more than 1 million people and operates in eight countries.







Some of our pop-up cafes and events.

Jess Sneyd decided to set up the first Real Junk food project in the South West in February 2016 and with the help of Vicki Rowan and amazing volunteers they are able to run up to 5 events a week including community lunches, private parties, events that raise awareness of the issues around food waste, education and community engagement. All the events use intercepted food that was destined for landfill incineration or animal food, and all the food can be bought on a 'Pay as You Feel Basis' so that the food is

accessible to all and valued for what it is. People do not need to pay with only money but can also offer time or skill to pay for their meal!





Local community lunches

'What started as a kitchen table enterprise from home, has developed and expanded over 18 months' explains Jess. 'We didn't know if people would want to try our food or whether there would be support from our community'. However Jess Vicki and the team have been overwhelmed by the support they have been given by everyone in the community. 'People just get it' Vicki says 'They know that it really is a very bad idea to waste food when it can be enjoyed by people'.







Some of the food rescued by TRJFP team.

The scheme is very challenging with difficult logistics and lots of people and food to organise! There are pick-ups from local shops, supermarkets, restaurants and farms up to four times a week, stock takes, auditing all the food that is collected, storage, cooking and serving the meals there is a lot to be done each week. 'We record everything we intercept and add it to a nation RJFP database so that a body of evidence is being collated. We hope this information will be used to change the way our food system and food waste is managed' says Jess. TRJFP Plymouth relies heavily on their 30 volunteers who contribute to all aspects of the business.

Apart from a small seed fund of money from Devonport Soup and a really successful crowd fund which allowed the social enterprise business to move to a permanent storage and kitchen unit at Adrenalin Quarry, they are entirely self-funded with revenue from PAYF donations being used to pay for running costs and wages where possible.

In South East Cornwall (and further afield) there are lots of opportunities for people to go along to a lunch or event as TRJFP operate as a pop-up. There are now other junk food projects up and running in Cornwall and Devon; Cafe Abundance, North Cornwall Real Junk Food Project and Torbay Real Junk Food Project.

If you would like to book an event volunteer or find out more, a fantastic environmental community business please get in touch with Jess or Vicki at: realjunkfoodplymouth@gmail.com

Morval Parish Council has announced a vacancy for the Office of Parish Councillor

Should you be interested in joining the Parish Council, please see the full notice under the Documents section of the Parish Council's website

www.morvalparishcouncil.org.uk

Details also available on Parish Council boards

Thanks to all the Outlook delivery team; 18 in total. Without you all, the magazine would not happen. On behalf of the editors I would like to express their gratitude to all of you. Val Olver

Thanks to the brass cleaners and church cleaners – your input is very much appreciated. Anybody who would like to join this team, please contact Val (01503 240439 or valolver@gmail.com).

Thanks to Sue Aunger, for the flower rota, and all those on the rota for their efforts, and to everybody who contributes to church life

We're sure everyone would join with the Outlook editors in thanking Bill Matthews for all his work for Morval parish over the years. With his wife Maureen, he was key in revamping Widegates Reading Room and he was a parish councillor for a long time. Bill has moved to Saltash to be near his family, and will be greatly missed.

Smiths Coaches

Truro Shopping Trip
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- Widegates 09.00
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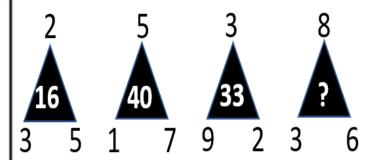
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see suzmer in a mirror. seventy two (2nd+3rdx1st)



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