

OUTLOOK



March 2017 Issue 269

Please note that the opinions expressed within this publication are not those of the Parish Church, Editors or anyone other than the authors of the articles.

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NHS Direct (24 hour service) 111

Police (Non Urgent Calls) 101

Neighbourhood Team Leader: Sergeant Jo Williams 101

PCSO for Morval & Widegates: Steve Cocks 101 or 01503 266173

Dog Watch Steve Cocks or 0300 1234 212

Morval Parish website www.morvalwidegates.weebly.com

Trenode School website www.trenode.cornwall.sch.uk

Viridor (report smells that may be associated with the landfill site) 01579 343006

Neighbourhood Watch: M Barber (240309) M Tamblyn (240267)

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Monumental Question

Our cover shows a cross, but whereabouts in the parish is this monument? Do you know who the people mentioned? Why was it commissioned? The dates of 1837 and 1901 are the dates that Queen Victoria reigned, which might provide a clue. The story behind monument has intrigued some of our readers, who have asked us about it. So, this cover was created, in the hopes that somebody knows the story behind it. If you do, let us know so we can tell everyone. In fact, this might be the first of an number of covers where we can raise the profile of things that intrigue us all!

Diary dates

March

(WRR = Widegates Reading Room)

- 4: 'Film afternoon' 2-4pm, Grace Community Church
- 6: Hessenford WI 'AGM' 7pm, WRR
- 6: Looe Old Cornwall Society St Piran's Day, 10.30am, Quayside Centre, West Looe
- 9: Lent Course starts. 7pm, Riverside Church, Looe
- 10: Fairtrafe Café 3.30pm, Trenode School
- 14: Handicraft group 'Easter felting with Loraine England' 7pm, WRR (Please Contact Glenys 01503241252 / Barbara 241169)
- 18: Spring Flower show 2.30pm, Nomansland hall (More details contact Mrs Roberta Powley 01503 240650).
- 25: 'Big Church clean up!' 10-4pm (Pasty lunch included. Please contact Val Olver 01503 240439).
- 29: Garden Club 'Fascinating Foliage with Spring Flowers' with Ken Willcock (and AGM) 7.30, WRR

April

- 3: Hessenford WI 'Open evening with talk on the Red arrows' 7pm, WRR
- 7: Easter Bingo at 7pm for 8pm, Nomansland hall

- 11: Handicraft group 'Come and make an Easter cake' 7pm, WRR
(Contact Glenys 01503241252 / Barbara 241169)
- 14: Garden Club 'Easter coffee morning and egg hunt' 10am at 47
Morview Rd, Widegates
- 21: Nomansland AGM 7pm
- 26: Garden Club 'film and talk on St Luke's Hospice' by Wayne
Marshall 7.30, WRR

Clubs/activities

Nomansland: "Whist" Come and learn how to play! Every
Wednesday at 7pm. Contact Mrs Roberta Powley 01503 240650

Ki Aikido. Beginners always welcome. Every Monday from 7.30pm.
Contact Nick 07968 599557

Widegates Garden Club

We had a very successful Christmas Fayre in December, thank you
to the stall holders and all of you who supported it. The money
raised goes towards our speakers some of whom cost a great deal
of money, but are well worth the expense giving us a greater
knowledge of the big topic Horticulture.

In January we had an interesting talk by Christine Spooner on
Kilminorth Woods. We have this fantastic wood right on our
doorstep, which is free to enter. maintained beautifully by a group of
volunteers for our enjoyment. So if you like feathered birds, flowers,
trees or wild animals get out and have a look, you can take the dog
too, also the kids and not forgetting the camera.

Subscription is £5 a year. £1.50 for members, £2 a night for non-
members. You are very welcome to come to any of our meetings.

Don't forget Cornwall Garden Society Show at Boconnoc 1st and 2nd
of April some of our members show daffodils and camelias so come
and see how we have got on!

Widegates Handicraft Group (also known as knit and natter)

Meet on the 2nd Tuesday and the last Thursday of every month in the hall at 7pm. Please just come along the charge is £2. Special evenings there is an extra charge to pay for materials, for these evenings please let our organisers know, so they can have all the items ready for you. Contact Glenys 241252 or Barbara 241169

LEARN TO PLAY BRIDGE ♠ ♥ ♦ ♣

Are you looking for an interesting past time?

Do you want to socialise?

No prior knowledge necessary.

Beginners bridge course to start after Easter.

Contact Eileen on 07901 553661 / 01503 240855 for further details

EASTER LILIES

We are approaching the time when we are planning our Easter Lilies display. Should anybody wish to commemorate a loved one, we are looking for funding to provide such a display. Would you contact Val Olver 01503 240439 or email valolver@gmail.com, should you wish to be a part of this.

Sue Aunger will be responsible for the arrangements and we are, as always, very grateful for her artistic input.

Parish Council News

At the meeting held on the 1st February, the Parish Council was informed by PCSO Billings that the numbers of PCSOs is likely to be reduced over time. The Council will be sending a letter to the Police Commissioner in support of the excellent service provided by the PCSO's within the parish.

The Parish Council was pleased to hear that the diversion through the parish due to the work being carried out in Looe appears to be running smoothly with no complaints to date.

It has come to the Council's attention that some parishioners were unaware of the public meeting held to give information about a potential new housing development in Widegates Village. It has instructed its clerk to request that the developers arrange a second public meeting with at least a four week notice period so that parishioners have the best opportunity to find out about it.

The Annual Parish Meeting will be held on the 5th April and all are welcome to attend it. The Council, at this meeting, will seek to obtain public opinion of potential uses for the telephone boxes located at Sandplace and in Widegates Village. A partnership scheme with Community Heartbeat is available and the Council would encourage those people or organisations with an interest in seeing them used for the community to attend the meeting.

The Council is pleased to announce that by the time this is read, people waiting for a bus at Nomansland should be able to do so with some protection from the weather due to the new shelter having been erected.

Elections are looming – please contact the clerk if you are considering standing as a Parish Councillor and would like more information about the role of a councillor or the election process.

Councillor Peter Hunt

It was with great sadness that the Parish Council received the news that Councillor Peter Hunt had passed away on Saturday morning. Councillor Hunt had been a member of the Council since 2001,

often in the role of Chair. He was the Planning Portfolio Holder and also a member of Cornwall Council's Standards Committee for a few years. His sense of community spirit was strong and he was happy to play the role of Father Xmas for the parish on occasions. In his private life Peter enjoyed angling and was a member of the Shark Fishing Club of Great Britain. His community spirit and the huge commitment that he gave to Council business will be sorely missed. The Parish Council would like to invite members of the parish to Peter Hunt's remembrance page if they wish to write their thoughts: <http://peter-hunt.muchloved.com/>

Parish Playground Project

Morval Area Play and Community Group was formally constituted at its first Committee Meeting last month. A Children's Committee was also formed to give a real voice to those who will use a play area. Our aim is to build a playground and a Multi Use Sports Area for the children and young people of Widegates and the surrounding area. A massive THANK YOU to all of you who responded to the questionnaire - we were overwhelmed by how many families are desperately keen for somewhere to play and how many children are forced to play on the street through lack of facilities. We have been busy investigating potential places to site the playground, and getting quotes for equipment - we are looking at spending around £100,000, so we will need to get busy with fundraising! Our first event will be a FILM AFTERNOON, 2-4 pm on SATURDAY 4th MARCH at GRACE COMMUNITY CHURCH. We will be showing BIG (1988) in which a teenage Tom Hanks wakes up as an adult after wishing to be 'big'. There will be soft drinks and popcorn and a raffle. £2.50 per person, under 5's free. Please come along for a fun afternoon.

Country Remedies – Herbs

By Peter.Cawthorne of *Widegates*

Herbs have been used over many centuries, both as health remedies and also for the flavouring of foods.

The earliest known printed work on herbs was by Peter Trewens in 1526, followed by Gerard, Parkinson and Culpeper Parkinson summed up by saying, 'It is not only for food and medicine that we owe them so much. Thus, I have shewed ye all the varieties of nature, pointing unto them and so describing them, and now I bring you rest upon the grasse.'

The earliest gatherers of countryside herbs were the 'simplers' who discovered the plants and dared to taste them for the first time. They searched the hedgerows for rare herbs and found mainly only nettles and dandelions; nevertheless, these were 'healing' and useful plants to be taken to market, or for use by the herbalist.

Some were included in family meals, pounded or mixed for aiding illness. Many were used as dyes in spinning and weaving, woad gave them blue, madder produced red, agrimony – yellow etc. Artists also experimented with these same plants to obtain colours and fixatives for their palettes.

Ladies beautified themselves gathering herbs from the garden or countryside to make hair-dyes, freckle removers, skin lotions, washing-balls, starch for laces and sweet smelling herb bags.

Houses and farms had their still rooms with dried plants hanging from the rafters and aromatic herbs contained in pots. Sir Hugh Platt describes, 'You may place them upon shelves without the room (window sills) to receive the warm sun, or temperate rain at your pleasure. You may also hang in the roof, sides of the room, small Pompions or Cowcumbers, pricked full of barley and these will be overgrown with green spices.'

Some Healing Herbs:

Garlic – Colds and coughs, congestion of lungs and gargle for sore throats; a good blood cleanser and flu remedy.

Rosemary - Will ease Asthma, also Mullien fights respiratory viruses. Tumeric (contains curcumin, which has anti-inflammatory antiviral and anti-tumour properties). Astragalus helps the immune system and is a tonic.

St John's Wort – (hypericum) a wound healer, believed to have infinite healing powers derived from the Saint himself. Dedicated to St John the Baptist by the monks, the red juice of its leaves represent his blood and is regarded as protection against the devil. It was known as 'devil's flight.' It has been used to cleanse a haunted house of evil spirits by placing the herb under a pillow. Culpepper described it as 'a most noble anti-venereal.' A salve made from the flowers was valued in English villages for scratches and small wounds. The flowers as they blossomed were made into gargles and lotions. Oil, reddened with the juice was kept in Apothecaries shops for burns. An infusion is made from St John's Wort leaves, flowers and stems for stomach disorders.

(To be continued in next edition of Outlook)

Support Shelterbox through Lent

Lent starts on Ash Wednesday, 1st March. It is the time of preparation for Easter when Christians remember Jesus being alone in the wilderness, and many people give something up as an exercise in self control. For the past several years, St Wenna's church members have organised soup lunches during Lent to raise money for a charity. This year, for a change, we are inviting people to give up small things during Lent and donate the money they would have spent. This might be 60p for a bar of chocolate, £1 for a newspaper, the cost of a pint of beer, or anything that you can do without. Between us, we can probably raise quite a lot. If you would like to take part, please bring your donations, however large or small, to services at church, or pass them to a church member. Whatever has been raised by Easter will be donated to Shelterbox. Thank you.

The Hewers Tune

The Hearer he sat top of Mount Ararat
Hill, humming, 'eyo eyo,'
He watched the sea for the mackerel
to come, 'eyo eyo,'
The sun shone down and the sea did
shine
And the Hearer did sit on the top of the hill,
humming 'eyo, eyo'
The tide did turn and the gulls
did fly, 'eyo, eyo'
The sea came alive with a silvery glow
'eyo'
And the Hearer stood tall for the fishes
to see, 'eyo, eyo'
He filled his lungs and shouted his
song,
The mackerel have come, the mackerel
have come, 'eyo, eyo'
The men that fished, ran singing the
song 'eyo, eyo'
The boats they did ready, and they
made haste
No time could they waste singing
'eyo, eyo'
The boats they did sail t'ward
The shimmering scales 'eyo'

And the sun shone down, and the
mackerel came in, 'eyo, eyo'
And the men did sing and the lads did
Sing, 'eyo, eyo'
A glorious sight you ever did see
In our home town Looe, on a summers
day, 'eyo eyo'
The nets be full and the men pulled
'em in, eyo, eyo'
And the boats rowed back to bring their
treasures in, 'eyo'
And the man on the hill, swaggered
down to the town,
Humming his favourite tune, 'eyo, eyo'
And the folk he did passed on the way
'eyo'
They did smile at the Hearer they knew,
'eyo'
For their bellies they'd fill at the
ring of the bell
'Cause the man on the hill be
yelled 'Eyo Eyo!'

By Anne Rice

Church Services at Morval Church

MARCH 2017

Date	5th March
Service	Eucharist
Reader	Brian Young
Sidesperson	Bridget MacArthur
Flowers	No flowers in Lent

Date	12th March
Service	Family Service
Reader	Sarah Cawrse
Sidesperson	
Flowers	No flowers

Date	19th March
Service	Eucharist
Reader	Carolyn Burgoyne
Sidesperson	Ann Williams
Flowers	No flowers

Date	26th March
Service	Morning Prayer
Reader	Linda Harrison
Sidesperson	Val Olver
Flowers	No flowers

APRIL 2017

Date	2nd April
Service	Eucharist
Reader	Mary Howes
Sidesperson	Anne Rice
Flowers	No flowers

Date	9th April Palm Sunday
Service	Family Service
Reader	Victoria Kitson
Sidesperson	
Flowers	No flowers

Date	16th April Easter Sunday
Service	Eucharist
Reader	
Sidesperson	Mike Willmott
Flowers	Sue Auger

Date	23th April
Service	Morning Prayer
Reader	Hayley Moore
Sidesperson	Ann Williams
Flowers	

St WENNA CHURCH ELECTORAL ROLL

We are updating the electoral roll. If you wish your name to added or removed please contact Val Olver 01503 240439 or email valolver@gmail.com. The process on 4th March when the updated roll will be presented to the Parochial Church Council Annual General Meeting to be held in the church after the service on the 5th March. There is a notice displayed on the door of the church explaining the procedure.

THANK YOU

To all who have come forward offering to help with the maintenance of the church in the way of cleaning and light refurbishment. We are

still looking for help especially any one with some basic D.I.Y.skills. Also on the 25th March I am hoping for volunteers to assist in a general tidy up of the Churchyard. If you could please let me know as a pasty lunch will be provided and I need to know how many to cater for. Please contact Val Olver 01503 240439 or email valolver@gmail.com.

Trenode C of E VA School

We ended the first half of the Spring with our annual Trenode's Got Talent Event. Once again we were treated to a very wide range of talents including; horse riding, quad biking, trampolining, dancing, musical instrument playing, ice skating, comedy acts and poetry recitals. The children that participated had worked so hard on their individual pieces and produced acts of a very high standard. Thank you to our judges Mrs Sheila Brock, Miss Jess Pengelly and Mrs Sandra Fairhall for selecting our winners.

We will be participating in Fair Trade Fortnight with our Annual Fair Trade Cafe on Friday 10th March at 2.30pm. Please come along and hear the children talk about Fair Trade. The talk will be followed by the Fair Trade Cafe organised by Mrs Willmott. Please come and support this worthy cause. All welcome!

We are collecting Sainsbury's Active Vouchers, which we can convert into sports and healthy lifestyle equipment. Please pop any that you have to spare into the School Office.

As we enter the second half of term we have much to look forward to including; World Book Day, National Science Week, and at the end of term our Easter celebrations.

To find out more about what is happening at school go online and find us at: www.trenode.cornwall.sch.uk.

Mrs Lindsay. Headteacher

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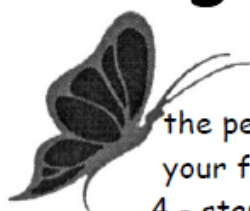
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