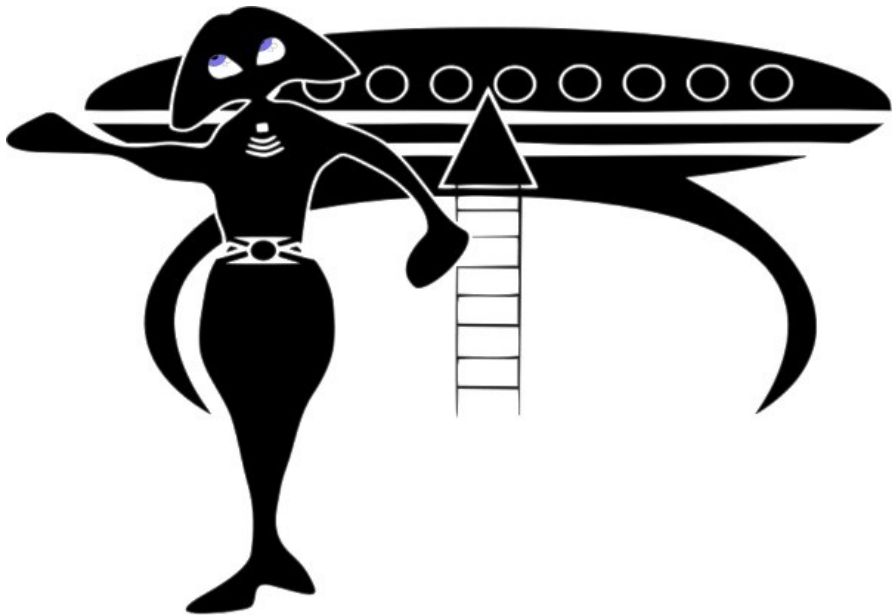


OUTLOOK

**NEWS AND VIEWS FROM MORVAL
AND WIDEGATES**



May 2016

Please note that the opinions expressed within this publication are not those of the Parish Church,
Editors or anyone other than the authors of the articles.

Useful Contacts

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	Val Olver	240439
St. Wenna's Organist	Heather Taylor MA	264474
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&Vulnerable Adults	Maggie Willmott	240218
Bell Tower Captain	Robin Tamblyn	262772
County Councillor	Jim Candy	250376
Parish Council Chair	Clive Pearn	240359
Parish Clerk	Lynne Sutton	01579 326152
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Morval Estate Office	John Kitson	241111
Widegates Hall }	Caroline Pengelly	
Reading Room }	carolinejpengelly@sky.com	240952
Nomansland Village Hall	Betty Powley	240650
Widegates Garden Club	Marie Bersey	240478
Morval Action Group	Tracy Chudleigh	240704
Trenode School & Toddlers		240235
Liskeard Community Hospital		01579 335600
NHS Direct (24 hour service)		111
Police (Non Urgent Calls)		101
Neighbourhood Team Leader: Sergeant Jo Williams		101
PCSO for Morval and Widegates: Steve Cocks	101 or 01503 266173	
Dog Watch	Steve Cocks or 0300 1234 212	
Morval Parish website	www.morvalwidegates.weebly.com	
Trenode School website	www.trenode.cornwall.sch.uk	
Viridor (report smells that may be associated with the landfill site)	01579 343006	

Neighbourhood Watch

M Barber	240309	M Tamblyn	240267	M Wevell	240420
B Reynolds	240520	K Burt	240545		

EDITORIAL

My thanks to Bill Matthews who has worked hard distributing Outlook in Widegates. Please can I have one or two volunteer distributors ready for the sad day when Bill and Maureen move to be nearer their family.

WIDEGATES NEWS & EVENTS

- Weds 4th May** - Garden Club
- Weds 11th May** - Garden Club
- Saturday 21st May** - Jacket Potato Lunch 12 til 1.30
- Friday 27th May** - Bingo Eyes Down 7.30pm
- Saturday 18th June** - Garden Club Bacon Butty Lunch 11 til 12.30

MORVAL NEWS & EVENTS

A UFO/Space ship may have landed in the Bindown area. BEWARE ALIENS this one was caught on camera.



NOMANSLAND NEWS & EVENTS

- 5th May** Hall to be used as a polling station for the police elections
- 25th June** Jumble sale 2.30pm
- 6th August** The Flower Show, 2.30pm. Schedules and information; Tracy 240704.
- Sunday 12th June** Tea party to celebrate the Queens 90th Birthday 4pm. Bring a plate. (Please confirm this with Tracy as it was only a provisional date, subject to her other commitments)

Later in the year there will be a Remembrance service and a Harvest Festival, dates to be arranged.

PARISH NEWS

Hello Everybody

At the Parish Council meeting held at the beginning of April, a presentation was given by local people who have volunteered to be members of the Council's Parish Play Area Working Party once it has been formally adopted. The presentation was well received with the council stating that it would offer support to the group should the matter proceed any further. As this is likely to be a big task, other volunteers would be welcomed and anybody interested should contact the clerk for details.

The safety barrier work carried out by National Rail near Sandplace was brought to the council's attention at the April meeting. Whilst the council understands the potential health and safety need for their erection, it is writing to National Rail to express its concern about the height of the barriers.

The internal auditor will be meeting with the clerk on the 5th May to begin the auditing process. Following this, all required documentation will be sent to the external auditors with copies being placed upon the council's notice board at Sandplace for the public to view. Anybody wishing to inspect the documents should contact the clerk.

The Annual Meeting of the Council will be held before its May meeting on the 4th May with a start time of 7.00 pm followed by the usual monthly meeting at 7.30 pm. Members of the public are welcome to attend both meetings.

Councillor Bill Matthews resigned from the council at the end of the April meeting. The council appreciates and would like to thank him for the very positive contribution that he made to council business over a very long period of time. Councillor Matthews was instrumental in improving parish life through his contributions to the Reading Room and to Widegates "Village Green" and whilst he will not be a formal member of the council now, it is greatly appreciated that he has offered his time as a volunteer so that necessary council work can continue. The council would like to offer Bill its best wishes for the future.

Regards, ***Lynnette Sutton***. Clerk to Morval Parish Council

WIDEGATES GARDEN CLUB

March was our AGM, all officers were re-elected except the Secretary, after years of excellent service Liz Tiltman decided to step down and Margarite Kelly was elected in her place. The speaker was Kim Parish who gave a very interesting talk on encouraging wildlife into your garden and how much pleasure you would get out of it (excluding slugs !!!). Kim is a garden designer who won a gold medal at Bocconoc this year. Also having success at the show was Meriel Kitson showing camelias and Andrew Chudleigh , Marie Bersey showing daffodils. Three members were also successful at the SW Daffodil Groups Show at Treillick Gardens, they were Mary Tarbet, Andrew Chudleigh, Novice Champion, and Marie Bersey who won best bloom in show and won the SW Championship THE PRINCE OF WALES TROPHY by one point. Mary and Marie also had successes at RHS Rosemoor and the Falmouth Spring Show, Mary winning the Daffodil Society Medal a much coveted award.

The willow workshops went well with members revamping an old hanging basket with willow, there was some really good ones.

We also had great fun making malteser cakes for Easter and had a well supported coffee morning at Maries to help boost funds and increase the waist line with the Easter egg hunt! honestly the adults were as enthusiastic as the children!!.

We meet in the hall the last Wednesday of the month, 7.30pm all welcome.

- | | |
|-------------------------|---|
| 25th May | Robin Hill - The Garden at Andrews Corner.
50 years of Gardening on Dartmoor |
| 29th May | Outing to Wild side And Garden House |
| 18th June | Bacon Butty morning at Widegates Hall/RR
11am till 12-30 |
| Friday 22nd July | The Trenode C of E School & Widegates Garden
Club Hold their 8th annual garden & Handicraft
Show in Widegates Hall/RR |

COUNTRY REMEDIES

HONEY

Honey has been prized since ancient times as a sweetener and for its medicinal properties. High in simple sugars (glucose and fructose) it contains phosphorous, potassium, sulphur and magnesium). IT is used as a tonic and supplies energy. It has mild antiseptic properties and was used in traditional medicine to help heal wounds and burns.; Honey will sooth throats. A sore throat can be treated with honey and mixed with cider vinegar in hot water for an effective cure.

A cold will improve with honey and lemon in a hot drink or even honey with Olbas oil taken in water. It is a recognised cure of hay fever, particularly if the honey is from a local hive. It will also help asthma.

Honey cappings - honey with flakes of honey wax is even better for all chest troubles. Honeycomb is also excellent as well. (I have personally cured myself of hay fever with this).

Honey is fine on open sores such as skin ulcers and the BHS now supply bandages containing honey in the dressings for leg ulcers etc. and will help the healing process.

A natural bleach. A mixture of honey and yoghurt will create a natural bleach that can help lighten age spots. A spoon of each mixed together applied to your hands. Leave to dry then wash off after 30 minutes every day.

Propolis. A natural substance collected by honey bees from beds and trees (mainly fir). Propolis contains tree resin, essential oils, waxes and bioflavonoids. Bees use thus substance to build the hive and also to protect against disease.

Propolis can also be used as a gargle or mouthwash (4-5 drops in water). It is very good and fast acting for toothache (until you can get to a dentist). Apply near a gum. It can also be made into a drink to help boost the immune system (4-5 drops in water).

Peter Cawthorne

Widegates

MORVAL & WIDEGATES COUNTRY FÊTE 2016

Morval and Widegates parish will be staging a charity fêete and fun day on Sunday 17th July from 2pm. It will be held in the grounds of Metherell Gard offices, Morval, by kind permission of James Kitson.

If you would like to take a £5 stall, please contact Anne Rice on 01503 240955 and let us know what you plan to sell or do. You keep all your proceeds.

Fête activities will include games, live music, cream teas and a dog show. More information in the next "Outlook".

Our chosen charities this year are Mount Edgcumbe Hospice and Hearing Dogs for Deaf People

For more information, or to offer help in any way, email karenpengelly@hotmail.co.uk

WIT & WISDOM

Politics is the art of looking for trouble, finding it everywhere, diagnosing it incorrectly and applying the wrong remedies. ***Graucho Marx***

The scientific theory I like best is that the rings of Saturn are composed entirely of lost airline luggage. ***Mark Russell***

Always borrow money from a pessimist. He won't expect it back. ***Oscar Wilde***

You have power over your mind - not outside events. Realize this, and you will find strength. ***Marcus Aurelius***

When you arise in the morning, think of what a precious privilege it is to be alive - to breathe, to think, to enjoy, to love. ***Marcus Aurelius***

Anger is often felt as fear wanes. (anon)

CHURCH SERVICES

ALL start at 11am unless otherwise stated.

Date	1st May	Date	5th June
Service	Eucharist	Service	Eucharist
Reader	Mary Howes	Reader	Carolyn Burgoyne
Sidesperson	Val Olver	Sidesperson	Anne Rice
Flowers	Maggie Willmott	Flowers	Mary Howes
Date	8th May	Date	12th June
Service	Family Service	Service	Family Service
Reader	Helen Priestly	Reader	Helen Priestly
Sidesperson	Children	Sidesperson	Children
Flowers	Julie Tamblyn	Flowers	Meriel Kitson
Date	15th May	Date	19th June
Service	Eucharist	Service	Eucharist
Reader	Bryan Young	Reader	Hayley Moore
Sidesperson	Ann Williams	Sidesperson	Ann Williams
Flowers	Tracy Chudleigh	Flowers	Bridget MacArthur
Date	22nd May	Date	26th June
Service	Morning Prayer	Service	Morning Prayer
Reader	Ann Williams	Reader	M Willmott
Sidesperson	Val Olver	Sidesperson	Val Olver
Flowers	Sue Auger	Flowers	Val Olver
Date	29th May		
Service	Eucharist		
Joint Service,	venue to be verified		
Flowers	Val Olver		

Please note that the list with the Bible readings on it will be given to the above people individually and will also be pinned up in the Porch of the church. Thank you for reading and being sidesperson. If you need to change your date or have any queries, please contact Val Olver: 01503-240439. Any problems with flower rota contact Sue Auger 01503 241 063.

CHURCH NEWS

At the Annual Parochial Church Meeting on 17th April, Val Olver and Mike Willmott were elected to continue to serve as Churchwardens. The meeting received the annual report and audited accounts as well as reports on the worship team, work on the church building and our various activities in the church and community, pastoral reorganisation, our safeguarding responsibilities, Trenode School, Friends of St Wenna and Deanery Synod. The new PCC will have its first meeting in May.

MORVAL OPEN GARDENS

The Open Gardens event on 24th April was a resounding success, thanks to the kind hospitality of the Kitson, Felwick and Chudleigh families, the tireless work by an amazing group of volunteers, and perfect weather. Trenode School pupils had produced some very colourful scarecrows which adorned parts of the walled garden. The afternoon was one of a series of open gardens in support of St Luke's Hospice. Altogether, over £2200 was raised for St Luke's, and nearly £300 (half the proceeds from refreshments in church) will go to church funds.

MORE WIT & WISDOM

“Dwell on the beauty of life. Watch the stars, and see yourself running with them.” *Marcus Aurelius*, Meditations

“You have power over your mind - not outside events. Realize this, and you will find strength.” *Marcus Aurelius*, Meditations

“The happiness of your life depends upon the quality of your thoughts.” *Marcus Aurelius*, Meditations

“Everything we hear is an opinion, not a fact. Everything we see is a perspective, not the truth.” *Marcus Aurelius*, Meditations

TRENODE C OF E VA SCHOOL

We are delighted to announce that we have a colourful new website. Please take a look to discover up to date information about the exciting things that we do at school. To make things easier the address is the same. Please see below.

We had a really busy end to the Spring term. We were delighted to invite Mr Mike Willmott into school during National Science Week to talk to the children and parents about Astronomy. We had an amazing view of the night sky, especially the Moon, through his powerful telescope. On the last day of term we presented “Jerusalem Joy”. This musical re tells the Easter story with the most beautiful songs. As usual all of the children were involved and it was extremely moving.

In the coming term we look forward to warmer weather and our summer activities. We are so lucky to have such superb grounds for the children to enjoy both during lesson time and at playtime. Our topics this term focus on the environment. We will also have a focus on the Olympic Games and look forward eagerly to a Rio style carnival and lots of exciting sporting competitions.

Don't forget that we hold our Treasures@Trenode each week on a Tuesday morning from 9.30am until 11.00am. All preschool children and parents/carers welcome!

To find out more about what is happening at school go online and find us at: www.trenode.cornwall.sch.uk.

Mrs Lindsay. Head Teacher

BARN DANCE

Plans are in hand for a Barn Dance, with a band and caller, to be held in the parish on the evening of Saturday 23rd July. Further details to follow....please keep the date!

MESSY CHURCH

Messy Church continues to be well supported by many local families with a regular group of 20 or so children and parents gathering together for fun, crafting and learning about God. The next Messy Church is on Friday 27th May 3.30-5pm which will be the last one I am leading for a while as Joachim, our Curate, starts taking the helm from the June session. I will still be there participating and helping though. Messy Church is free and great creative fun for everyone whether you want to get stuck in and make yourself or watch others enjoying themselves while having a cup of tea and a biscuit. For further details regarding Messy Church please contact Helen on 01503 241188 or email hpriestley.78@btinternet.com

POEM OF THE MONTH

Alder
The Tree of God Bran

Blessed with joy the days now lengthen,
Grows the warmth of sun;
Age-old secrets increase bounty,
Winter cold is done.

Blend together strength and courage,
Heart's protective shield;
Innate knowledge when to challenge,
Wisdom when to yield.

Water-loving limbs unfurling,
With the fertile beams;
Mysteries ascending skyward,
Songs in golden dreams.

Heather Taylor

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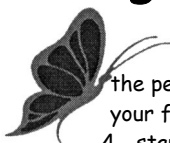
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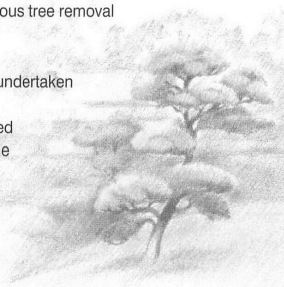
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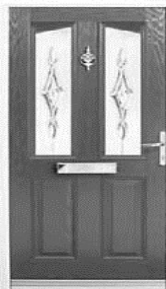
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